If you would like more information on how you can be apart of the prevention of preterm birth ask you midwife or doctor at your next appointment,

OR contact us below

## maternalhealth@menzies.edu.au

0417 216 246

Jess Murray

Study Coordinator

Jessie Armstrong Research Nurse <u>Marisa Smiler-</u> <u>Cairns</u> Aboriginal Health Practitioner

e menzies school of health research



If you are a First Nations woman who is 25 weeks or less pregnant you may be eligible to take part in the GLU study

This study has been approved by the Human Research Ethics Committee of the Northern Territory Department of Health and

Menzies School of Health Research - reference HREC 2020-3659





## **GLU STUDY**

Preterm birth, birth of a baby before 37 weeks of pregnancy can cause a number of serious and life-threatening health problems, which many of these issues can last well into the later years of baby's life.





1 in 5 pregnant First Nations women have their baby before 37 weeks of pregnancy.

Tiny bugs called bacteria live all over our body, some bacteria that live in the vagina, baby passage, may cause preterm birth. We think they can cause infection by moving into the baby bag (womb).



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aginal swab about 2cm into your Sit on the toilet or stand with one for sting on the edge of the toilet.

RDH 500

We will ask you to supply once-only two self-collected vaginal swabs, similar to the swab test all pregnant women in the NT are already doing.

Your information will be kept confi-dential and the swabs collected will not have your names attached. We will then send swabs to a laboratory in Western Australia to find out what bacteria is present that may be the cause of pre-term birth.

We hope that we can use the information that is collected from 500 swabs to develop treatment that can prevent preterm birth in First Nations women in the NT.









## Thank you for taking the time to consider this study